

Name: _____

Date : _____

Quality Learning Capacities

The purpose of this self-assessment is to get you to reflect upon your work habits.
Read the description of each capacity and score yourself on the scale for each subject.

1= never

2= rarely

3=often

4=mostly

5=all the time

Quality Learning Capacities

PREPARATION

• Brings all books and equipment to class	1	2	3	4	5
• Punctuality: is on time to class	1	2	3	4	5
• Enthusiasm: is ready to learn and starts work quickly	1	2	3	4	5

ENGAGEMENT

• Listens to and watches instruction attentively	1	2	3	4	5
• Asks questions and tries to answer questions	1	2	3	4	5
• Perseveres: keeps trying and stays on task	1	2	3	4	5

COOPERATION

• Respects the needs of other students and the teacher	1	2	3	4	5
• Has patience with other people	1	2	3	4	5
• Helps others and works well in a team	1	2	3	4	5
• Communicates well with others	1	2	3	4	5

STUDYING

• Completes set homework and hands it in on time	1	2	3	4	5
• Prepares for tests, researches assignments and revises	1	2	3	4	5

In the space below please write some comments about how you think you are doing in your subjects and what you might be able to do to improve if you need to.
