




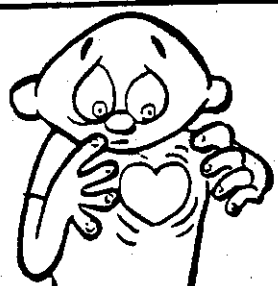





HYPOGLYCEMIA

(Low Blood Glucose)

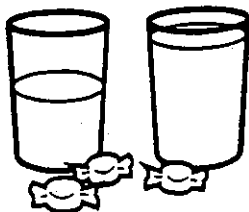
Causes: Too little food, too much insulin or diabetes medicine, or extra activity.

Onset: Sudden, may progress to insulin shock.

SYMPTOMS

			
SWEATING	DIZZINESS	ANXIOUS	FAST HEARTBEAT
			
IMPAIRED VISION	WEAKNESS FATIGUE	HEADACHE	HUNGER
			
			IRRITABLE

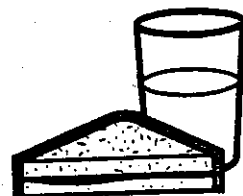
WHAT CAN YOU DO?



Drink 1/2 glass of juice or regular soft drink, or 1 glass of milk, or eat some soft candies (not chocolate).



Within 20 minutes after treatment **TEST BLOOD GLUCOSE.** If symptoms don't stop, call your doctor



Then, eat a light snack (1/2 peanut butter or meat sandwich and 1/2 glass of milk).

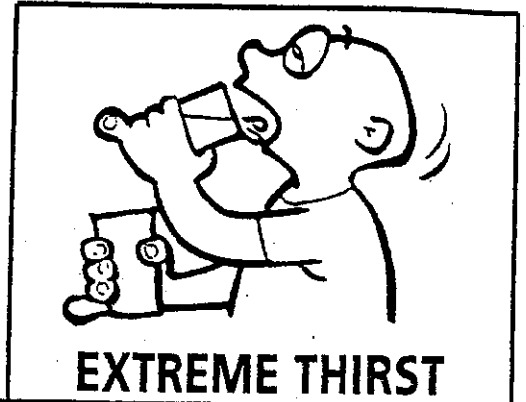
Treatment may vary with different medications.

HYPERGLYCEMIA

(High Blood Glucose)

Causes: Too much food, too little insulin or diabetes medicine, illness or stress.

Onset: Gradual, may progress to diabetic coma.



SYMPTOMS

